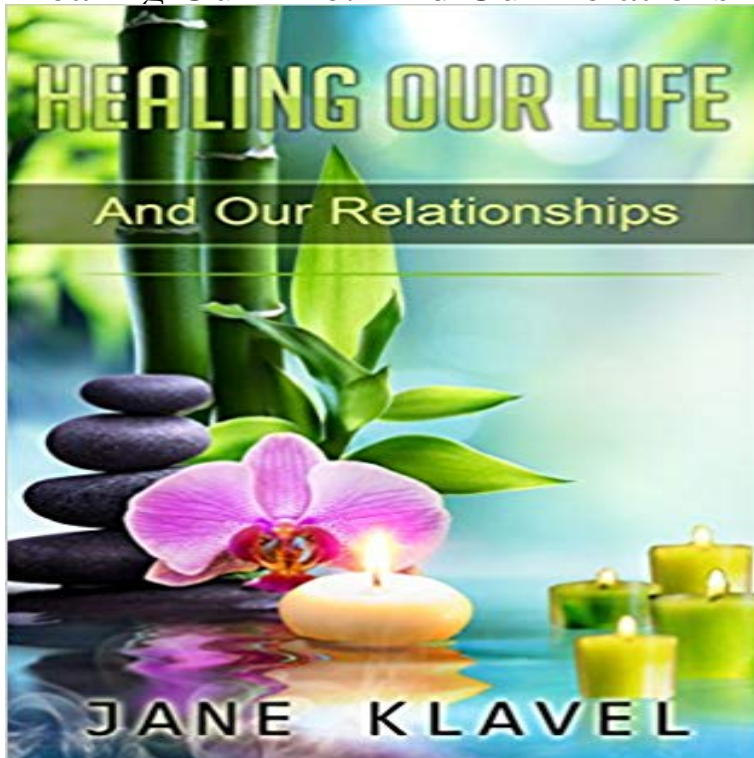


Healing Our Life: And Our Relationships



Why would you purchase this book? By purchasing this book, you provide yourself with a healing technique that will relieve your suffering from your present and past relationships. The method proposed here requires only a few hours per relationship for you to experience a positive transformation beginning the next day. The book also includes: A method to identify and eliminate our expectations; A technique to pacify a personality conflict; The great 48 benefits of journaling; And an extraordinary solution if you are unemployed. The process of healing a relationship is very detailed, crafted from concrete and easy exercises. Healing Our Life and Our Relationships can bring you inner peace if: You are considering or are engaged in the process of separation; You are in a phase of divorce recovery; You are heartbroken from an overwhelming breakup; You can no longer stand the suffering and complications from toxic parents or siblings; You want to be relieved from toxic relationships that surround you; You want to resolve a personality conflict; You want to overcome a bereavement that has inhibited your happiness for too long; You have decided to live a more warm and respectful relationship with your child or your parent; You can no longer stand your emotional dependence; You just want to cure all the relationships that have affected you since your childhood; Or you have recently decided to realize your full potential. Since for many of us, unhealed relationships are the bonds that hold us back and prevent us from realizing our full potential. They imprison our authenticity, our congruence, our self-esteem, and much of our energy. If you desire a positive change for peace and happiness in yourself and in your relationships, this book is the journey to get there sooner than you think.

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